

# **READY MEALS**



# KALLIMANIS READY MEAL SHRIMPS & SPAGHETTI 300G

Add to Cart Order Authentic Greek Delicacies Online **SKU**: 15001 **Price**: £4.95



# KALLIMANIS READY MEAL SHRIMPS SAGANAKI 300G

Add to Cart Order Authentic Greek Delicacies Online **SKU**: 15003 **Price**: £4.95



# BARBASTATHIS READY MEALS MIX VEGETABLES CASSROLE (BRIAM) 600G

Briam **Barba** Stathis contains ready washed and cut all the vegetables you need, in the right proportions, to enjoy a favorite Greek traditional recipe easily and simply.

It is a source of proteins that contribute to maintaining the normal state of the bones, but also a source of vitamin C that increases the absorption of iron in the body, while also contributing to the normal functioning of the immune system.

Add to Cart
Order Authentic Greek Delicacies
Online



#### BARBASTATHIS READY MEALS (SPINACH WITH RICE) 600G

Barba Stathis spinach rice is a wonderful recipe of Greek cuisine, rich in nutrients to offer a delicious and healthy meal to your family.

It has a high content of vitamin A which helps to maintain normal vision, while it is also a source of vitamin C which helps to reduce fatigue, as well as proteins which help to maintain the normal state of the bones.

Add to Cart
Order Authentic Greek Delicacies
Online

**SKU:** 144016 **Price:** £3.85

**SKU**: 144015 **Price**: £4.85



# BARBASTATHIS READY MEALS (PENNE WITH SPINACH) 750G

Pennes with spinach are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Pennes with spinach are a source of proteins, which contribute to the maintenance of muscle mass, vitamins A and C, which contribute to the maintenance of normal vision and the normal functioning of the immune system respectively, as well as a source of manganese and selenium.

Add to Cart
Order Authentic Greek Delicacies
Online



# READY MEALS BARBASTATHIS (SCREWS WITH MUSHROOMS & CARROT) 750G

Barba Stathis Mushroom and Carrot Screws are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Screws with mushrooms and carrots have a high content of selenium and are a source of copper, manganese and protein

**SKU:** 151022 **Price**: £5.55

**SKU**: 151023 **Price**: £5.55

**s** that contribute to the maintenance of muscle mass.

Add to Cart
Order Authentic Greek Delicacies
Online



# GREEK READY MEAL STUFFED PEPPERS (GEMISTA)

Add to Cart
Order Authentic Greek Delicacies
Online

**SKU**: 14225666 **Price**: £4.55

