

READY MEALS



KALLIMANIS READY MEAL SHRIMPS & SPAGHETTI 300G

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KALLIMANIS READY
MEAL SHRIMPS
SAGANAKI 300G

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SKU: 15003 **Price**: £4.95



BARBASTATHIS READY MEALS MIX VEGETABLES CASSROLE (BRIAM) 600G

Briam **Barba** Stathis contains ready washed and cut all the vegetables you need, in the right proportions, to enjoy a favorite Greek traditional recipe easily and simply.

It is a source of proteins that contribute to maintaining the normal state of the bones, but also a source of vitamin C that increases the absorption of iron in the body, while also contributing to the normal functioning of the immune system.

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BARBASTATHIS READY MEALS (SPINACH WITH RICE) 600G

Barba Stathis spinach rice is a wonderful recipe of Greek cuisine, rich in nutrients to offer a delicious and healthy meal to your family.

It has a high content of vitamin A which helps to maintain normal vision, while it is also a source of vitamin C which helps to reduce fatigue, as well as proteins which help to maintain the normal state of the bones.

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SKU: 144015 **Price**: £4.85



BARBASTATHIS READY MEALS (PENNE WITH SPINACH) 750G

Pennes with spinach are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Pennes with spinach are a source of proteins, which contribute to the maintenance of muscle mass, vitamins A and C, which contribute to the maintenance of normal vision and the normal functioning of the immune system respectively, as well as a source of manganese and selenium.

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READY MEALS BARBASTATHIS (SCREWS WITH MUSHROOMS & CARROT) 750G

Barba Stathis Mushroom and Carrot Screws are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Screws with mushrooms and carrots have a high content of selenium and are a source of copper, manganese and protein

SKU: 151022 **Price**: £5.55

SKU: 151023 **Price**: £5.55

s that contribute to the maintenance of muscle mass.

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GREEK READY MEAL STUFFED PEPPERS (GEMISTA)

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