

# **FROZEN VEG & MORE**

#### FROZEN FOODS - VEGETABLES & MEALS

Explore a wide range of **Frozen Food Vegetables** and **meals** at Greek Bazaar. We offer top-quality frozen vegetables like peas, beans, and mixed vegetables alongside convenient frozen Greek meals such as moussaka and pastitsio. Perfect for a healthy, authentic Mediterranean diet, our frozen products bring the flavours of Greece straight to your kitchen. Enjoy fast delivery and the convenience of having nutritious meals and vegetables on hand whenever needed.

# **GREEK FRITTERS MINI BITES**



GREEK FRITTERS
SAGANAKI FYLLO
FILLED WITH CHEESE
AND SESAME 2CS
(200G)

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**SKU**: 597-100310 **Price**: £3.80

# **READY MEALS**



#### KALLIMANIS READY MEAL SHRIMPS & SPAGHETTI 300G

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### KALLIMANIS READY MEAL SHRIMPS SAGANAKI 300G

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**SKU**: 15003 **Price**: £4.95



# BARBASTATHIS READY MEALS MIX VEGETABLES CASSROLE (BRIAM) 600G

Briam **Barba** Stathis contains ready washed and cut all the vegetables you need, in the right proportions, to enjoy a favorite Greek traditional recipe easily and simply.

It is a source of proteins that contribute to maintaining the normal state of the bones, but also a source of vitamin C that increases the absorption of iron in the body, while also contributing to the normal functioning of the immune system.

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### BARBASTATHIS READY MEALS (SPINACH WITH RICE) 600G

Barba Stathis spinach rice is a wonderful recipe of Greek cuisine, rich in nutrients to offer a delicious and healthy meal to your family.

It has a high content of vitamin A which helps to maintain normal vision, while it is also a source of vitamin C which helps to reduce fatigue, as well as proteins which help to maintain the normal state of the bones.

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**SKU:** 144016 **Price:** £3.85

**SKU**: 144015 **Price**: £4.85



## BARBASTATHIS READY MEALS (PENNE WITH SPINACH) 750G

Pennes with spinach are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Pennes with spinach are a source of proteins, which contribute to the maintenance of muscle mass, vitamins A and C, which contribute to the maintenance of normal vision and the normal functioning of the immune system respectively, as well as a source of manganese and selenium.

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# READY MEALS BARBASTATHIS (SCREWS WITH MUSHROOMS & CARROT) 750G

Barba Stathis Mushroom and Carrot Screws are an ideal combination of fine Greek pasta with a variety of vegetables, as pure and fresh as the moment they were cut. A tasty proposal of high nutritional value!

Screws with mushrooms and carrots have a high content of selenium and are a source of copper, manganese and protein

**SKU**: 151022 **Price**: £5.55

**SKU**: 151023 **Price**: £5.55

**s** that contribute to the maintenance of muscle mass.

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### GREEK READY MEAL STUFFED PEPPERS (GEMISTA)

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Online

**SKU**: 14225666 **Price**: £4.55

